

Federal Employees Health Benefits General Information Notice



The **Federal Employees Health Benefits (FEHB) program**, the largest employer-sponsored health benefits program of its kind, is one of the most valuable benefits of federal employment. However, coverage is **not** automatic. You must select one of more than 100 available health plans to be covered. Coverage is available for eligible Federal employees, retirees, former employees, family members, and former spouses. See the following link for eligibility requirements: <http://opm.gov/insure/07/html/popups/eligibility.htm>.

The FEHB program features:

- No waiting periods. You can use benefits as soon as coverage is effective.
- No pre-existing condition limitations even if you change plans.
- A choice of coverage.
- A choice of plans and options.

Health plan comparisons, web sites, quality information, and downloadable plan brochures and guides are available on the OPM web site at <http://opm.gov/insure/health/index.asp>.

Each year, an Open Season is held for FEHB Program enrollees to change health plans and/or the type of enrollment they have. Eligible employees may also enroll during this time. Open Season runs from the Monday of the second full workweek in November through the Monday of the second full workweek in December. (November 12 - December 10, 2007)

Outside of open season, you can enroll in the FEHB Program, change your enrollment, or cancel coverage **ONLY** in connection with certain events called qualifying life events (QLE). Changes must be made within 60 days of the event. For a comprehensive list of QLEs, visit <http://opm.gov/insure/07/qle.asp>. Allowable QLE changes to FEHB plans are to be made on the Employee Express Website at <https://www.employeeexpress.gov/>.

Any questions concerning this notice, contact:
NSSC Customer Contact Center
1-877-NSSC123 or nssc-contactcenter@nasa.gov